

Moreland Council survey for older people

SURVEY RESULTS - DECEMBER 2020

Moreland Council undertook a survey with older people to understand how you are currently feeling, and how you can be better supported to stay happy, active and part of the community. Surveys were distributed in paper, digital and phone survey format. We heard from both English and non-English speakers.

Who did we hear from?



664
people completed
the survey



73%
female



38%
use the internet
at home



61%
live alone

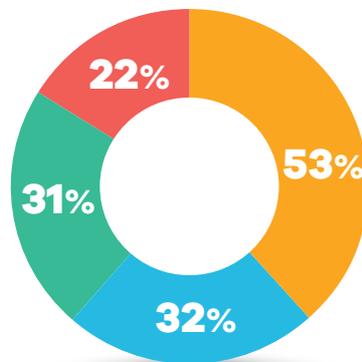


73%
speak and
understand
English



79%
use Council Aged
and Community
Support services

Information needs



- People need information on aged care services
- People need information on caring for their health
- People need information on social and senior citizen groups
- People need information on technology

What are the most important things Moreland Council can do to support you over the next few months?

Most people said their priority is to receive aged care services, particularly cleaning and home help (29%), and requested gardening services (10%)

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'I mostly need help with gutter cleaning and heavier gardening projects like hedge clipping'

SURVEY PARTICIPANT

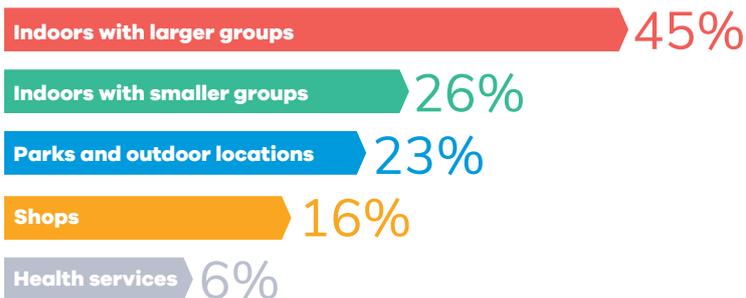
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'I love my little garden, that keeps me going, but I need some help now!!'

SURVEY PARTICIPANT

Impact of Coronavirus on confidence to visit community locations

The following chart shows percentages of residents that said that they were **not confident** visiting these locations



Social connection



21% of residents would like more social connection

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'We are a close family and I missed seeing my son, daughter in-law and grandchildren in the last few months'

SURVEY PARTICIPANT

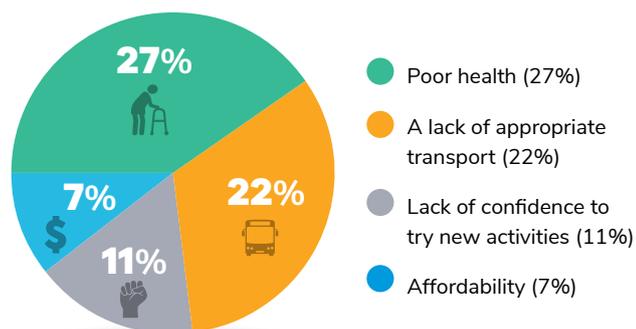
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'Now we are out of lockdown and can meet with family and loved ones I feel much better. I look forward to attending swimming, social clubs, and the cinema and lunch with friends'

SURVEY PARTICIPANT

Barriers to participation

Residents told us that the barriers that would prevent them from participating in activities were....



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'I like movies and fishing but I'm not always confident in a new environment, so I may need assistance and a little push to do them'

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'My wife and I have mobility issues. My licence will expire in 2021 and I will not be renewing'

Interest in activities

People are most interested in...



Exercise classes
(25% are very likely to participate)



Social groups
(21% are very likely to participate)



Group outings on public transport
(18% are very likely to participate)



Technology skills
(18% are very likely to participate)

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'Chair and suitable exercises with a Turkish speaking physiotherapist'

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'I like to visit the park, meet people who speak my language or attend small social gatherings'

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'I am very interested and keen to learn skills on the computer. I want to learn to navigate the internet'